

THE HOLY EUCHARIST

THE TWENTY-FIFTH SUNDAY

AFTER PENTECOST

November 10, 2024 • 8 a.m. & 10 a.m.



*Welcome to worship at St. Christopher's. Greeters, ushers, and clergy are available should you have any questions or concerns. If this is your first time worshipping here, you are invited to complete a pew card and place it in the offering plate or complete the online card using the QR code found on the pew card. All are welcome in **Our House**. Children of any age are always welcome at St. Christopher's liturgies. Hearing devices are available at the entrance.*

SILENT PRAYER

The Lord be with you.

And also with you.

As we come today into the presence of the Lord, let us prepare our hearts and our minds for worship. With quiet reflection, let us invite the Lord to fill us with the Holy Spirit, guide us with grace and give us peace.

THE WORD OF GOD

VOLUNTARY

Andante in E-flat

C. V. Stanford (1852–1924)

The congregation stands at the ringing of the bell.

HYMN 307

Lord, enthroned in heavenly splendor

Bryn Calfarina

stanzas 1, 4, & 5

Blessed be God: Father, Son, and Holy Spirit.

And blessed be his kingdom, now and for ever. Amen.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid; Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

GLORIA

Robert Powell (b. 1932)

1. Glo - ry to God in the high - est, and
peace to his peo - ple on earth. 2. Lord God, heaven - ly

King, al - might - y God and Fa - ther, we wor - ship you, we
 give you thanks, we praise you for your glo - ry. 3. Lord Je - sus
 Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
 take a - way the sin of the world: have mer - cy
 on us; 5. you are seat - ed at the right hand of the Fa - ther: re -
 ceive our prayer. 6. For you a - lone are the Ho - ly One,
 you a - lone are the Lord, 7. you a - lone are the Most
 High, Je - sus Christ, with the Ho - ly Spi - rit, in the
 glo - ry of God the Fa - ther. A - men.

COLLECT OF THE DAY The Lord be with you.
And also with you.
 Let us pray.

GOD, whose blessed Son came into the world that he might destroy the works of the devil and make us children of God and heirs of eternal life: Grant that, having this hope, we may purify ourselves as he is pure; that, when he comes again with power and great glory, we may be made like him in his eternal and glorious kingdom; where he lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

HEBREW SCRIPTURE *1 Kings 17:8–16*

THE WORD OF THE LORD CAME TO [ELIJAH,] SAYING, “Go now to Zarephath, which belongs to Sidon, and live there; for I have commanded a widow there to feed you.” So he set out and went to Zarephath. When he came to the gate of the town, a widow was there gathering sticks; he called to her and said, “Bring me a little water in a vessel, so that I may drink.” As she was going to bring it, he called to her and said, “Bring me a morsel of bread in your hand.” But she said, “As the Lord

your God lives, I have nothing baked, only a handful of meal in a jar, and a little oil in a jug; I am now gathering a couple of sticks, so that I may go home and prepare it for myself and my son, that we may eat it, and die.” Elijah said to her, “Do not be afraid; go and do as you have said; but first make me a little cake of it and bring it to me, and afterwards make something for yourself and your son. For thus says the Lord the God of Israel: The jar of meal will not be emptied and the jug of oil will not fail until the day that the Lord sends rain on the earth.” She went and did as Elijah said, so that she as well as he and her household ate for many days. The jar of meal was not emptied, neither did the jug of oil fail, according to the word of the Lord that he spoke by Elijah.

Hear what the Spirit is saying to God’s people.

Thanks be to God.

PSALM

146

Lauda, anima mea

Mode 2

Refrain

Praise the Lord, O my soul!

from *Gradual Psalms for the RCL*, ed. Bruce E. Ford, Church Publishing Incorporated.

- 1 Hallelujah!
Praise the Lord, O my soul! *
I will praise the Lord as long as I live;
I will sing praises to my God while I have my being.

Refrain

- 2 Put not your trust in rulers, nor in any child of earth, *
for there is no help in them.
- 3 When they breathe their last, they return to earth, *
and in that day their thoughts perish.

Refrain

- 4 Happy are they who have the God of Jacob for their help! *
whose hope is in the Lord their God;
- 5 Who made heaven and earth, the seas, and all that is in them; *
who keeps his promise for ever;
- 6 Who gives justice to those who are oppressed, *
and food to those who hunger.

Refrain

- 7 The Lord sets the prisoners free;
the Lord opens the eyes of the blind; *
the Lord lifts up those who are bowed down;
- 8 The Lord loves the righteous;
the Lord cares for the stranger; *

he sustains the orphan and widow,
but frustrates the way of the wicked.

- 9 The Lord shall reign for ever, *
your God, O Zion, throughout all generations.
Hallelujah!

Mode 2

Refrain

Praise the Lord, O my soul!

from *Gradual Psalms for the RCL*, ed. Bruce E. Ford, Church Publishing Incorporated.

EPISTLE

Hebrews 9:24–28

CHRIST DID NOT ENTER A SANCTUARY MADE BY HUMAN HANDS, a mere copy of the true one, but he entered into heaven itself, now to appear in the presence of God on our behalf. Nor was it to offer himself again and again, as the high priest enters the Holy Place year after year with blood that is not his own; for then he would have had to suffer again and again since the foundation of the world. But as it is, he has appeared once for all at the end of the age to remove sin by the sacrifice of himself. And just as it is appointed for mortals to die once, and after that the judgment, so Christ, having been offered once to bear the sins of many, will appear a second time, not to deal with sin, but to save those who are eagerly waiting for him.

Hear what the Spirit is saying to God's people.

Thanks be to God.

1 Christ be the Lord of all our days, the swift - ly pass - ing years;
2 Christ be the source of all our deeds, the life our liv - ing shares;
3 Christ be the goal of all our hopes, the end to whom we come;
4 Christ be the vi - sion of our lives, of all we think and are;

Lord of our un - re - mem - bered birth, heirs to the bright - ness
the fount which flows from worlds a - bove to nev - er - fail - ing
guide of each pil - grim Christ - ian soul which seeks, as com - pass
to shine up - on our spi - rits' sight as light of ev - er -

of the earth; Lord of our griefs and fears.
springs of love; the ground of all our prayers.
seeks the pole, our man - y - man - sioned home.
last - ing light, the bright and morn - ing star.

THE HOLY GOSPEL *Mark 12:38–44*

The Holy Gospel of our Lord Jesus Christ, according to St. Mark.
Glory to you, Lord Christ.

AS JESUS TAUGHT, he said, “Beware of the scribes, who like to walk around in long robes, and to be greeted with respect in the marketplaces, and to have the best seats in the synagogues and places of honor at banquets! They devour widows’ houses and for the sake of appearance say long prayers. They will receive the greater condemnation.” He sat down opposite the treasury, and watched the crowd putting money into the treasury. Many rich people put in large sums. A poor widow came and put in two small copper coins, which are worth a penny. Then he called his disciples and said to them, “Truly I tell you, this poor widow has put in more than all those who are contributing to the treasury. For all of them have contributed out of their abundance; but she out of her poverty has put in everything she had, all she had to live on.”

The Gospel of the Lord.
Praise to you, Lord Christ.

SERMON

NICENE CREED

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE

+ Do the impossible in us, again and again, O God. Empty us of the fears we grasp so tightly. Fill us instead with trust in your goodness. Do the impossible through us. We come before you, O God:
Fill us again with your presence.

+ When we quiet ourselves and take in the beauty of the wonders around us, we are full of awe at what you can do. We fill the air with song and praise as we come before you. We come before you, O God:
Fill us again with your presence.

+ This world is broken, aching, and often empty of joy. Fill the lonely spaces with people who care. Fill the hungry places with enough to satisfy all. Fill those who have plenty with the commitment to share with those who are in need. Fill those who are world-weary with your peace.

We come before you, O God:

Fill us again with your presence.

+ O God our helper in ages past, today we remember those who have served our country in times of peace and in times of war. We remember those who served in the Army, Air Force, Navy, Marines, Coast Guard, and Space Force. We include in our prayers first responders including firefighters and police, doctors and nurses and other medical and emergency personnel as well as protectors serving in the FBI, CIA, and Homeland Security, who with our military personnel, often put their lives on the line for our well-being. May the grace of God be with each of them this day and always. **Amen.**

+ We give thanks for the flowers this week which are given to the glory of Almighty God and in loving memory of Bud Bush.

+ **Watch over this parish as we enter a new phase of our rector search journey. Give us all strength, humility, patience and openness as we go about our task. Open our hearts and minds to your guidance and plans for us, and especially be with that person you have chosen to be our new rector. Hear us, good Lord.**

+ We pray for health and healing for: **Christian** Rees, **Elizabeth** Paulson, **Bill** Martinier, **Roberta** Murphy, **Carol** Clapp, **Gail** Smith, **Fiona** Evans, **Don** Mackay, **Connie** Begley, **Danny** Duran, **Dean** Ervin, **E.B.** Wilson, **Dori** Reiley, **Doug** Barnes, **Peggy** Dimm, **Bob** Lynyak, **Joan** Bagnell, **Betty** Martinier, **Wright** Olney, **Nancy** Vincent, **Pam** McGauley, **Kristin** Trail, **Mara** McKinnon, **Conor**, **Hadley**, **Tina** McGrath, **Patrick** McGrath, **James** McGrath, **Betsy**, **David** Doherty, **Dick** Colley, **Win** McCausland, **Karl** Metz, **Casie** Fariello, **Tina**, **Greg** Horne.

+ We pray for those celebrating birthdays this week: Chuck Bartlett, Jennifer Bryant, Don Crane, Katherine McConnell, Tim Milley, Chase Rhinesmith, Katherine Rhinesmith, Judith Scoville.

+ We pray for those celebrating anniversaries this week: Katie and Matt Penny.

Either silently or aloud, the congregation is invited to offer intercessions, petitions, or thanksgivings.

Celebrant Almighty and eternal God, ruler of all things in heaven and earth: Mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord. **Amen.**

THE CONFESSION

Let us confess our sins against God and our neighbor.

Silence

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

The peace of the Lord be always with you.
And also with you.

THE HOLY COMMUNION

OFFERTORY ANTHEM *Praise Ye the Lord*

WORDS: Joachim Neander (1650–1680),
translated by Catherine Winkworth (1827–1878)
MUSIC: Hugo Distler (1908–1942)

Praise ye the Lord, the Almighty, the King of creation;
Praise him, my soul, for he is thy strength and salvation.
Sing for his sake! Psalt'ry and harp awake!
Sound forth in glad adoration.

Praise ye the Lord who doth guide thee and defend thee;
Surely his goodness and mercy shall ever attend thee;
Ponder anew what the Almighty can do,
who with his love doth befriend thee.

HYMN AT THE PRESENTATION, 245 (LEVAS II)

stanzas 1 & 3

We Have Come into His House: Our House

THE GREAT THANKSGIVING

The Lord be with you.
And also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give him thanks and praise.

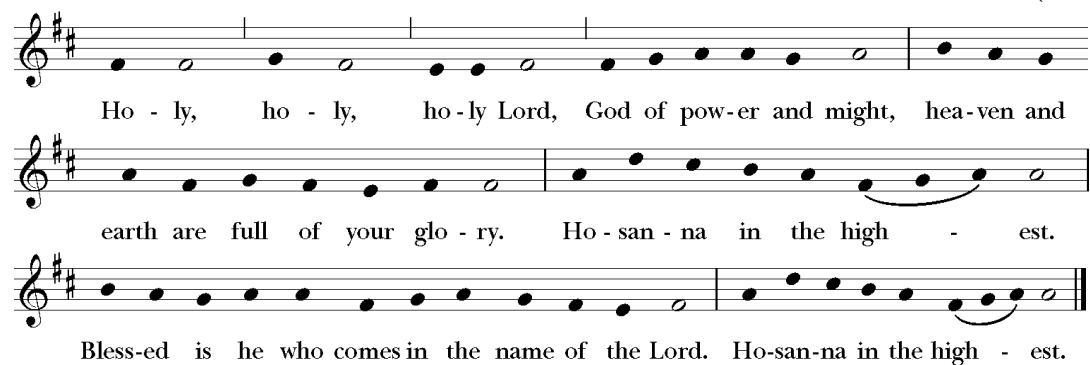
It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

For by water and the Holy Spirit you have made us a new people in Jesus Christ our Lord, to show forth your glory in all the world.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

SANCTUS & BENEDICTUS

David Hurd (b. 1950)



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and
earth are full of your glo - ry. Ho - san - na in the high - est.
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

The congregation may kneel, sit, or stand.

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,
We remember his death,
We proclaim his resurrection,
We await his coming in glory;

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all;
presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Christopher and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

THE LORD'S PRAYER

FRACTION ANTHEM

Hurd

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.
Christ our Pass - o - ver is sac - ri - ficed for us;
there - fore let us keep the feast.
Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

INVITATION TO COMMUNION

All persons, regardless of faith, tradition, or age, are invited to receive the bread and wine of the Eucharist. If you wish to receive a blessing instead, come to the altar rail and cross your arms over your chest. Gluten-free wafers are available—simply request one from the priest. If you are unable to come to the rail, please let an usher know and Communion will be brought to you.

THE MINISTRY OF HEALING PRAYER

If you would like to receive the laying on of hands and a healing prayer, for either yourself or someone you love, please proceed to the prayer station behind the altar. If you do not want the healing minister to physically touch you, simply cross your arms over your chest. This prayer opens our hearts to receive the healing grace of God and bring wholeness into our bodies, minds, spirits or souls. Feel free to state a prayer request with the healing prayer minister.

SILENT PRAYER

POSTCOMMUNION PRAYER

**Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

SENDING OF THE LAY EUCHARISTIC VISITOR

In the name of Christ and this congregation, I send you forth bearing these holy gifts, that those to whom you go may share with us the communion of Christ's body and blood.
We who are many are one body as we share one bread and one cup. Amen.

THE BLESSING

HYMN 556

Rejoice, ye pure in heart!

Marion

ANNOUNCEMENTS

DISMISSAL

Let us go forth in the name of Christ. Alleluia, Alleluia!
Thanks be to God. Alleluia, Alleluia!

VOLUNTARY

Allegro from *Symphony in D*, Op. 2, No. 5 William Boyce (1711–1779), arr. Robert Gower

All are invited to join in fellowship following the liturgy.

TO EXPERIENCE THE LOVE OF CHRIST,
AND TO INSPIRE COMPASSION IN THE WORLD.

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8 A.M.

CELEBRANT

The Rev. Meg Ingalls

PREACHER

The Rev. Meg Ingalls

ASSISTING PRIEST

The Rev. Brad Ingalls

READER

Peter Hughes

10 A.M.

CELEBRANT

The Rev. Meg Ingalls

PREACHER

The Rev. Meg Ingalls

ASSISTING PRIEST

The Rev. Brad Ingalls

ORGANIST & CHOIRMASTER

Maury A. Castro

CHOIR

The Adult Choir

CANTOR

Erik Bertrand

VERGER

Jeff Arnold

READERS

Don Chalker
Pam Hufnagel

AUDIO/VIDEO ENGINEER

Matt Hamilton

GREETERS

Sue and John Sargent

USHERS

Sandy Arnold
Leslie Collins

HEALING MINISTER

Judith Felton

ALTAR GUILD

Cecelia Buckley, Meg Curran,
Pam Hufnagel, Elena McHugh,
Heidi Quill, Judy Scoville

FLOWER GUILD

Maureen Vokey
Susan Williams

FELLOWSHIP

Susan Gray
Wendy Reveri

INTERIM RECTOR

The Rev. Meg Ingalls

ORGANIST & CHOIRMASTER

Maury A. Castro

CLERGY ASSOCIATES

The Rev. Brad Ingalls
The Rev. John Martiner, D.Min.
The Rev. Gail Smith

FACILITIES MANAGER

Ali Crockett

**PARISH ADMINISTRATOR &
ASSISTANT TREASURER**

Bridgette Renaud

ADMINISTRATIVE ASSISTANT

Carrie Bush

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